

## Attentive Preventative Care Management Program Compliance

Now that you are enrolled in the Preventative Care Management Program, it is important you utilize the program to continue receiving the benefits of the tax savings.

Compliance is easy! Begin by simply logging into your Attentive Portal. The login information was sent to the employee email provided at the time of enrollment. Then, each time you use the program, you get utilization credit!

You must login and use the program at least once a year to remain compliant, but you will find yourself using it much more often because it is full of valuable resources!

These resources include:

1. CorpCare – Provides access to more than 11,000 therapists which can help with financial counseling, mental health counseling, and Legal Advice.
2. DialCare – **NO CO-PAY** Telemedicine, Physician Access, Teledentistry, and Mental Wellness services – always available 24/7/365 – For employees **AND** their dependents
3. Our Relationship – Online couples counseling, 4 sessions with \$0 co-pay
4. Hope 80/20 – Diabetes and Weight-Loss Program
5. Freedom 365 – A virtual recovery system for addiction
6. 24alife Mayo Clinic Program – Offers resources for a healthy lifestyle including physical activity, nutrition, psychology, and medicine.